



Have questions about the Program?

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Turning Point Treatment Center

This program is located at the following Sea Mar clinic location:

Sea Mar Turning Point Treatment Center
113 23rd Ave S, Seattle, WA 98144

Sea Mar Behavioral Health Department



www.seamar.org



fb.com/seamarchc



[@seamarchc](https://instagram.com/seamarchc)



[@seamarchc](https://twitter.com/seamarchc)

Serving our communities in King County



What To Bring:

- 30-day supply of medications with prescription label on them.
- A week's worth clothing, including underwear, and sleepwear.
- Bath towels
- Comfortable shoes for walking
- Personal care hygiene products: toothbrush, toothpaste, brush, comb, soap, shampoo, deodorant, razors, and shavers.
- Non-alcohol mouthwash
- Feminine hygiene products.
- Postage stamps and envelopes for mailing out letters
- Books
- Cigarettes to last 30 days.

Do not bring:

- If a client is under 21 years old, they may not use nicotine products.
- Clothing that refers to drugs, alcohol, sex, or violence.
- High heels, low cut shirts, skirts or dresses that are less than 2 inches above the knees, or shirts that show one's belly button.
- Over the counter medication, or medication without the prescription label on it.
- Nutritional supplements.
- Vapes
- Weapons.
- Things that connect to the internet.
- Food, candy, gum, and drinks.
- Valuables or large amounts of money.

Things to expect:

- All medication will be locked up.
- A search and drug screen will be conducted upon admission.
- You will not be able to take our over-the-counter medications until your physical on Thursday.
- Sharing a room with at least one other person.
- No open visitation. You may get a family session on your third week with your counselor.
- Phone use in the afternoons, after a three-day black-out period.
- Court and doctor's appointments need to be rescheduled before entering into treatment.
- An assessment within 48-hours of admission. Usually takes 1.5 hours.